

Gluten Free Menu

At Slouch we care about local businesses (we are one!!!)

We use local suppliers and are proud to be independent.

Please inform your server of any allergies prior to ordering. Because some of these items are being prepared differently for you they may take a little longer to prepare. If you have any other food allergies please be sure to talk to your server before ordering. This menu to the best of our knowledge is wheat free and our kitchen takes special care in your food preparation to avoid cross contamination.

Disclaimer: While we offer gluten-free menu options, we are not a gluten-free kitchen. Cross-contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens. Patrons are encouraged to their own satisfaction, to consider this information in light of their individual requirements and needs.

THE INTRO

Get the party started

Chef's Soup of the Day (VEGGIE) £3.95
With crusty bread & butter

Satayin' Alive £4.25

Satay marinated chicken grilled in a nutty satay sauce with mixed leaves

Another one Bites The Dust £4.95
Chilli chicken cheese bites with a sweet chilli dipping sauce

Wee Jack N Chill (VEGAN) £4.65
Pulled jackfruit chilli in a crisp fried tortilla basket topped with guacamole

JAM SESSIONS

So everyone gets a turn

Almost Naked Nachos (VEGGIE) £4.95
A sizzling skillet with house fried corn tortilla chips with our homemade tomato salsa, jalapenos, sour cream, guacamole & mozzarella

Slouch Nachos £6.95

As above but topped with your choice of
Cajun Chicken • Beef Chilli
Pulled Jackfruit Chilli
(vegan cheese & sour cream optional)

Loaded Fries
Fries topped with cheddar, mozzarella cheese & sour cream with your choice of either Beef Chilli or Cajun Chicken

Skinny Fries £4.95

Sweet Potato Fries £5.95

Vegan Loaded Fries £5.95
with vegan cheese & pulled Jackfruit Chilli

Get Your Wings

4 Wings £4.95 / 8 Wings £8.25
Full size chicken wings... Not to be underestimated. Succulent but crisp basted in your choice of sauce.

Choose from: Candied Peanut & Sweet Chilli / Jerk Seasoning & Toasted Sweetcorn / Frank's Hot Sauce / Smoky BBQ

Veggie Wings (VEGGIE) £4.95
Spiced & fried cauliflower "wings" with coriander hummus & pickled spiced onions

HEADLINERS

The star of the show.

Mean Slouch... these dishes are definitely on the more indulgent side of things

South of Heaven £8.25

Breast of chicken in a crunchy Southern spiced crumb with our homemade gravy & Slouch 'slaw served with skinny fries

Jamaican Me Crazy £8.25

Pan-seared jerk spiced chicken thigh in a fresh mango salsa served with rice n peas

Big Jack N Chill (VEGAN) £7.95

Pulled jackfruit chilli in a crisp fried yellow corn tortilla basket topped with guacamole with rice n peas

Chick Your Head £8.45

Chicken thigh and wing in a South Asian spiced marinade with pak choi

Lean Slouch... slightly less mean if you are trying to keep it clean

An Honest Mis-Steak (VEGAN) £7.95
Slow roasted celeriac steaks with smoked fried parsnips in a three nut crumble with a chimichurri sauce

Another One 'Mites The Dust (VEGAN) £7.95

Marmite roasted hasselback potatoes in a tomato & parsley sauce with dressed watercress and crunchy cashew nuts

Wrappers Delight

A homemade Naan wrap filled with sautéed garlic mushroom, pickled red onion & chilli salted beetroot crisps
Harissa marinated haloumi £7.95
Harissa marinated chicken breast £8.95

PIZZAS

Thin and crispy 12" pizza on a handmade dough baked in our own stone baked oven with a tomato base and mozzarella cheese. Mix & match any of the listed toppings for £1. Upgrade to a cheese base sauce for £1... Served on a gluten free base & vegan cheese available on request.

Margherita (VEGGIE) £6.95
Napoli sauce, mozzarella & oregano

Boogie Chillen £8.95

Slow cooked chilli beef, mozzarella & jalapeno

Herbie Hancock (VEGGIE) £8.95

Sautéed garlic mushrooms & caramelised red onion

Cajun Moon £8.95

Pulled Cajun chicken & roast peppers

Meatlover £9.95

Pepperoni, salami, chorizo & pulled Cajun chicken

Substitute (VEGAN) £9.95

Pulled jackfruit chilli, sweet corn & vegan cheese

BURGERS IN BASKETS

Our burgers are all hand made on site and served on a Finnieston made bun with lettuce, chopped beef tomato & red onion and served with skinny fries. Served on a gluten free burger bun.

Choose between a beef patty or a chargrilled butterflied chicken breast. Upgrade to sweet potato fries for £1.

The O.G. £8.95

No gimmicks necessary. Our standard burger with house burger sauce

The Cowboy £10.55

With grilled mozzarella, Ayrshire bacon & our BBQ sauce

Beet It £8.95

(VEGAN)

Roasted beetroot 5 bean & fresh herb burger topped with homemade salsa

The Big Cheese £9.95

As above but topped Arran cheddar and our house burger sauce

The Free Bird £10.55

Chicken breast in a crispy Southern style coating topped in a tangy mayo dressing

SIDE PROJECTS

Allow some room for experimentation

Chilli Chicken
Cheese Bites £3.45

Slouch 'slaw £1.95
Skinny Fries £2.95

Spicy Skinny Fries £3.15
Grilled Corn on the Cob £1.95

SLOUCH

Bar, Kitchen & Venue



Gluten Free Menu

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www.slouch-bar.co.uk