



Gluten Free Menu

Chef's Soup of the Day (v) £3.95

With gluten free bread and butter

Grilled Chicken Skewers £4.25

With a sweet chili dipping sauce

Bruschetta (v) £4.25

Toasted garlic bread topped with tomato,
red onion and basil

Chicken Wings £4.95

Oven roasted chicken wings with your choice of a hot & spicy or BBQ dip

**All burgers from our Main Menu can be served in gluten free buns.
(Excluding our Veggie Burger & Meat Is Murder as they contain flour)**

All pizzas from the menu can be adapted to accommodate a gluten free diet.

Fish Dish of the Day £9.95

Ask your server for today's fish of the day

Veggie Chilli Bowl (v) £7.95

Aubergine and roast pepper chilli with black eyed peas, sour cream, nachos and
gluten free bread

Pasta of Muppets (v) £8.95

Mixed Mediterranean vegetable ragu bound with gluten free penne pasta & topped
with halloumi cheese

**We also stock Estrella Damm Daura Gluten Free Beer, Magners, Caesar
Augustus, Crabbies Alcoholic Ginger Beer, Luksusowa & Tito's Gluten Free
Vodka, Myers, Mount Gay & Appletons rum**